



First Contact Clinical



First Contact Clinical is a social enterprise established in South Shields in 2008. We strive to make a difference to the health and wellbeing of disadvantaged people and communities by motivating healthy behaviour change. We specialise in delivering person focussed, outcomes driven Behaviour Change services and skills training to people and professionals living and working in the North East. Our front-line work in health and social care means that what we do is shaped using real world experiences and makes a difference where it is needed most.

Ways to Wellness Link Worker, Newcastle West

Part-time – upto 30 hours/week

Salary £17,010 per annum (pro-rata)

Ways to Wellness is a social prescribing service for people with long term health conditions (LTC) in the west of Newcastle. The aims of the project are to improve peoples' quality of life and reduce their use of mainstream health services by enabling people with LTC to lead healthier lives and better manage their conditions. As a Link Worker, you will help patients to identify and work to overcome barriers to managing their long-term conditions. You will work with people to agree goals and signposting opportunities to support healthy behaviour change.

As a Link Worker you will work to empower and improve the health and wellbeing of people living with long term conditions by encouraging and supporting the development of lasting behaviour changes that underpin improved mental and physical wellbeing. You will work closely with a small number of designated GP practices to raise awareness of the service with health professionals and the people they serve. You will assist in facilitating referrals to the service, engage in personalised goal setting, risk assessment and reviews, motivate, encourage and support individuals to achieve their goals and support the development of lasting behaviour changes which underpin improved mental and physical wellbeing. You will work in partnership with the community in the West of the City and with relevant statutory, voluntary or community agencies.

You will be an enthusiastic worker, with excellent communication skills and experience of working with people from a variety of backgrounds. Full training will be provided and you will receive ongoing supervision to ensure continuous personal development and support you to reflect on your practice. This is a fantastic opportunity to learn and grow in a service, which is developing at a fast-pace and transforming Long-Term Condition management.

Come and be a key player in an innovative and evolving service in Newcastle.

The Application Form and Job Description including Person Specification are available to download from www.firstcontactclinical.co.uk.



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An enhanced Disclosure & Barring Service (DBS) police record check in relation to vulnerable adults (previously known as CRB check) is required for this role. A driving licence and use of own vehicle is required for this role.

To apply please complete the employment application form and return it to jobs@firstcontactclinical.co.uk by noon on Monday 3rd December 2018.

Telephone interviews will be held on the 5th December 2018. An assessment day will be held on 12th December 2018. We reserve the right to bring forward the closing date.

If you wish to discuss this position further please contact Ash Young, Team Manager on 07841 025965 or 0191 432 9832.